

Farming Close to Home

Aylmer Backyard Farms

Special guest speaker, Anne Janssen

Saturday, March 10, 2012

11:15 a.m. – 12:15 p.m.



Where is our food grown, how is it grown, who grows it? What are the benefits and advantages of eating home-grown food and supporting quality local and regional food production? Join us for a discussion with Anne Janssen on the benefits, both personal and global, of the blossoming urban farming movement.

Anne will make a short presentation with photos sharing her experience of growing food close to home in an urban environment.

As the main 'farmer' at Aylmer Backyard Farms, Anne Janssen has been lovingly growing food for more than ten years. Her eating passion started long before that, along with her heart-felt advocacy for the Earth and all things organic. In 2010 she decided to 'go public' and start growing for market. Anne and her veggies can be found every Saturday from June to September on the porch of the lovely Boulangerie aux deux Freres, right in the heart of Aylmer, less than 5km from where all the food is grown.

There is no charge for this event although donations towards Backyard Farm' 2012 volunteer workshare program are welcome.

Optional 9:30 a.m. Morning yoga class - \$17 drop-in

Light refreshments will be served after class.

lespaniersdeaylmer.com

www.yoga-aylmer.com

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